

Portland Climbing

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Portland Climbing Joining Instructions

Please meet at 9.30am (or 12.30 if you are on a half-day afternoon session) at the car park next to the Blue Fish Restaurant. (16-17A Chiswell, Portland, Dorset DT5 1AN). Google maps [link here](#). The cliffs are a 5 minute drive up the hill from here. If you are staying on the island it may be more appropriate to meet elsewhere - [email](#) us to find out more.

Please could all participants bring along a signed and completed health form (sent separately).

All necessary safety equipment will be provided, including helmets and climbing harnesses, but other things you will need to bring include:

- Warm Clothing
- Waterproofs
- Sun Cream
- Loose fitting clothing
- Food and plenty of drink for the day
- Trainers or walking boots for the approach to the climbing
- Medication (if required)

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Feel free to bring any climbing equipment if you have any. A small rucksack would be an advantage too – some of the approaches to the crags require a short scramble so 'hands-free' is best.

Looking forwards to seeing you on the day!

Yours Rob Kennard

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